

# IOWA COMMUNITY ACTION NETWORK

District 4



## ICAA Member Agencies

We are a network of 16 local Community Action Agencies serving all 99 counties in Iowa. The agencies all embrace a similar mission and together aim to create sustainable opportunities and provide valuable resources for lowans with a low income. We continue to grow and develop new services to help people realize a greater sense of self-sufficiency. The agencies assist individuals and families in need and build stronger, thriving communities all across Iowa.

## ICAA's Mission, Vision, & Purpose

### Mission

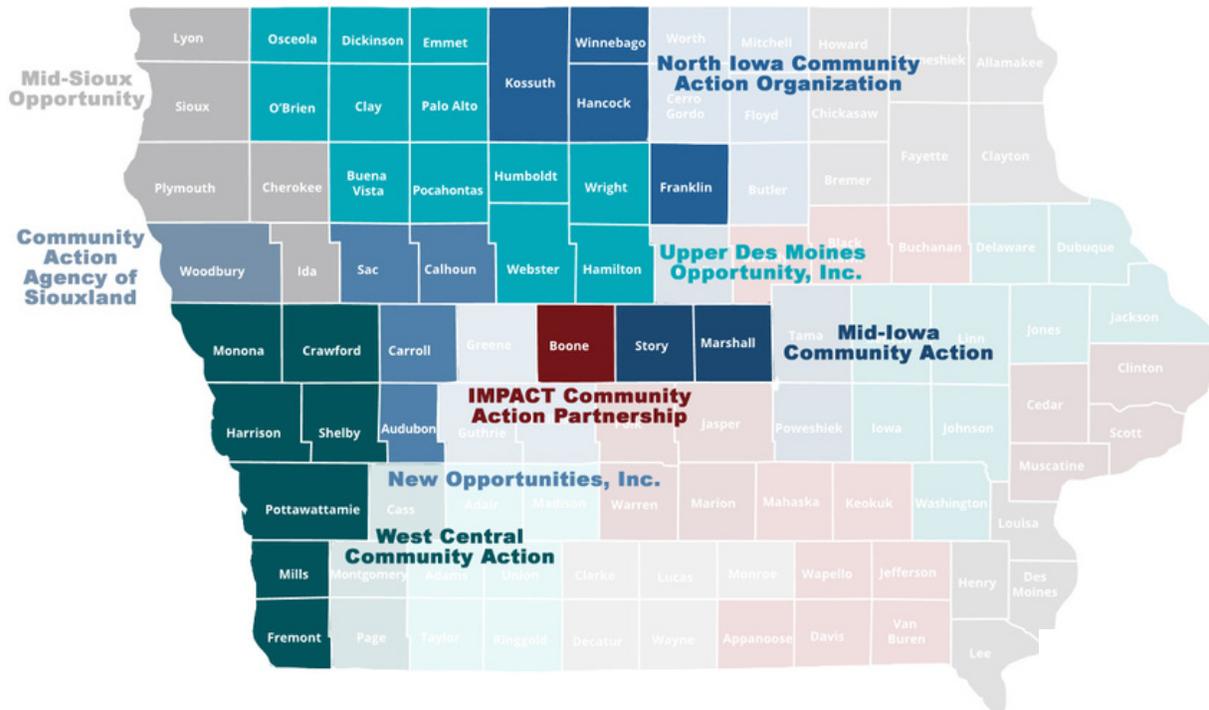
Educating, advocating for, and connecting Community Action Agencies to amplify a unified voice in service of lowans facing economic hardship.

### Vision

Iowa Community Action is the premier force ensuring those with less achieve more.

### Purpose

Empowering the Community Action Network to alleviate the causes and conditions of poverty.



**Katherine Riley Harrington, Executive Director**

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[www.iowacommunityaction.org](http://www.iowacommunityaction.org)

@IowaCAA

[facebook.com/IowaCAA](https://facebook.com/IowaCAA)

### **Community Action Agency of Siouxland**

*Jean Logan, Executive Director*

*Email: [jlogan@caasiouxland.org](mailto:jlogan@caasiouxland.org)*

*Serving: Woodbury County*



### **IMPACT Community Action Partnership**

*Anne Bacon, Executive Director*

*Email: [abacon@impactcap.org](mailto:abacon@impactcap.org)*

*Serving: Boone, Jasper, Marion, Polk, and Warren Counties*



### **Mid-Iowa Community Action**

*Clarissa Thompson, Executive Director*

*Email: [Clarissa@micaonline.org](mailto:Clarissa@micaonline.org)*

*Serving: Hardin, Marshall, Poweshiek, Story, and Tama Counties*

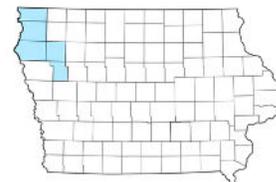


### **Mid-Sioux Opportunity, Inc.**

*Dick Sievers, Executive Director*

*Email: [dsievers@midsioux.org](mailto:dsievers@midsioux.org)*

*Serving: Cherokee, Ida, Lyon, Plymouth, and Sioux Counties*



### **New Opportunities, Inc.**

*Chad Jensen, CEO*

*Email: [cjensen@newopp.org](mailto:cjensen@newopp.org)*

*Serving: Audubon, Calhoun, Carroll, Dallas, Greene, Guthrie, and Sac Counties*

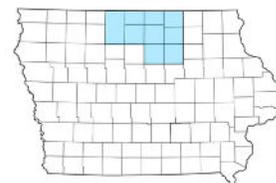


### **North Iowa Community Action Organization**

*Cindy Davis, Executive Director*

*Email: [cdavis@NICAOnline.org](mailto:cdavis@NICAOnline.org)*

*Serving: Butler, Cerro Gordo, Floyd, Franklin, Hancock, Kossuth, Mitchell, Winnebago, and Worth Counties*



### **Upper Des Moines Opportunity, Inc.**

*Julie Edwards, Executive Director*

*Email: [jedwards@udmo.com](mailto:jedwards@udmo.com)*

*Serving: Buena Vista, Clay, Dickinson, Emmet, Hamilton, Humboldt, O'Brien, Osceola, Palo Alto, Pocahontas, Webster, and Wright*



### **West Central Community Action**

*Wendy Mueller, Executive Director*

*Email: [wmueller@westcca.org](mailto:wmueller@westcca.org)*

*Serving: Cass, Crawford, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, and Shelby Counties*



## Community Services Block Grant (CSBG)

*CSBG is a federal, anti-poverty block grant which funds the operations of a state-administered network consisting of more than 1,000 Community Action agencies nationwide.*



**\$4.27**

Average amount leveraged from non-federal sources for every \$1 of Iowa CSBG.



**120,720**

Households served by the Iowa CSBG network.

## Low-Income Home Energy Assistance Program (LIHEAP)

*LIHEAP helps eligible households with a portion of their residential heating costs.*



**112,451**

Households served in Iowa during Fiscal Year 2022.



**\$800**

Average annual utility payment in Iowa in FY2022.



**Priority Customers**

18% had a child under 6  
38% had an elderly member  
49% had a disabled member

## Weatherization Assistance Program (WAP)

*WAP is a low-income energy efficiency program administered by the Department of Energy (DOE). Its purpose is to make the homes of low-income clients more energy efficient, thereby reducing the households' energy bills.*



**\$423**

Average first year savings per Iowa household.



**926**

Iowa homes weatherized in 2021.



**Priority Customers**

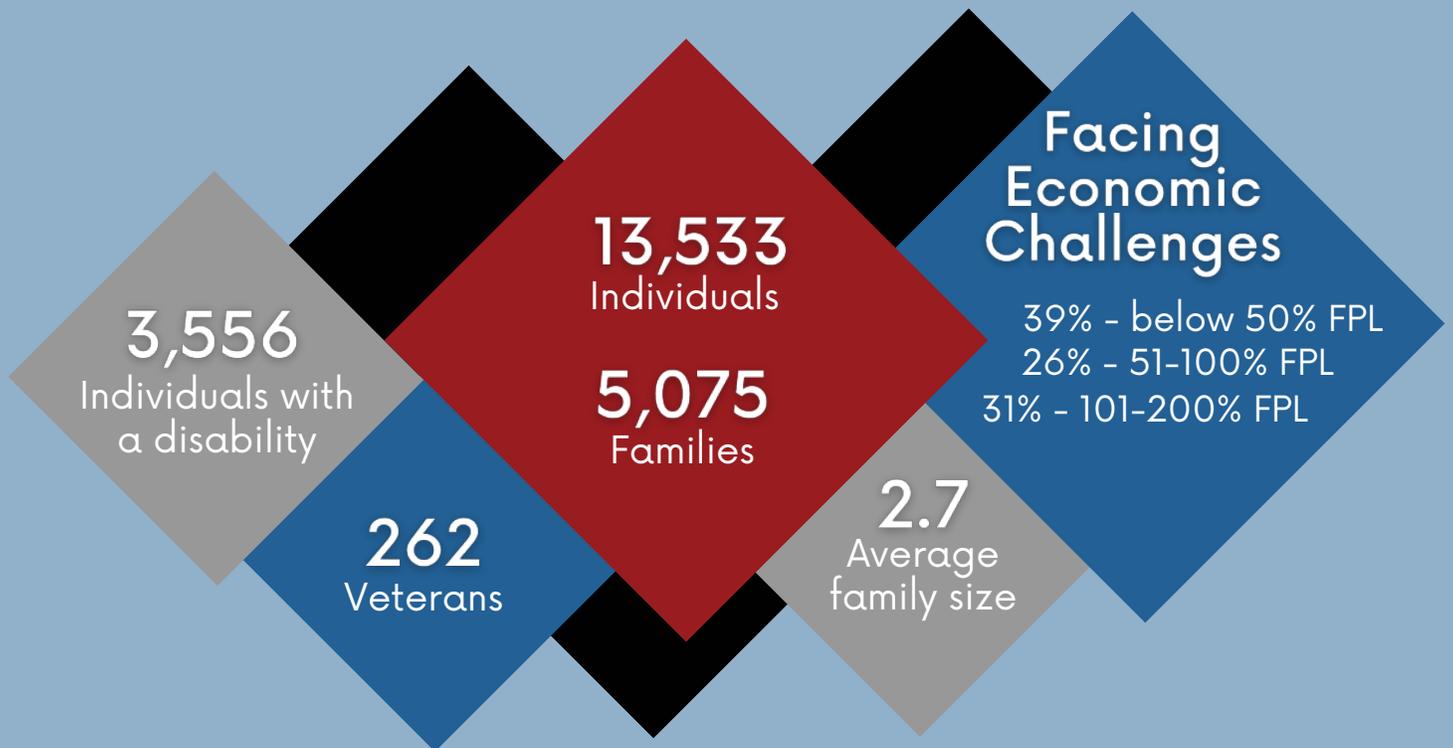
14% had young children  
43% had an elderly member  
30% had a disabled member

# Community Action Agency of Siouxland

## County Served in District 4: Woodbury

One of the growing demands in our area is for food and household items. We have gone from serving 50+ households in January to over 220 households in August through our emergency food pantry. Using CARES Act funding, we have been able to fill the gap created when food assistance amounts returned to previous levels in April. CARES Act funding was also utilized to purchase household items such as laundry and dish soap, cleaning products and personal hygiene items. This demand in our community remains high. We really critically need an increase in CSBG funding to help us meet this need. Local donations are hard to obtain when many in our area are also hit by inflation.

### Who We Served



### Household Income Sources



40%  
Employed



21%  
Received  
retirement benefits



133  
Received TANF



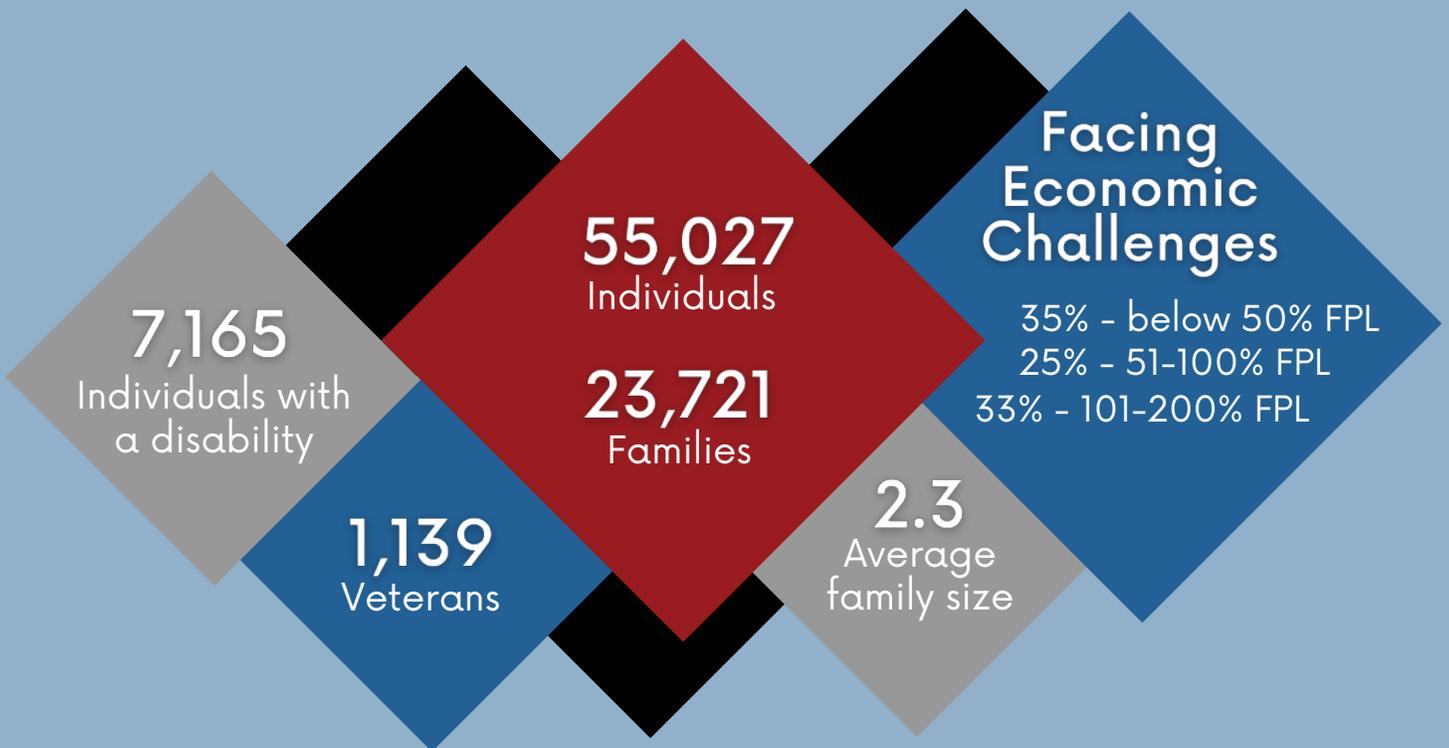
495  
Received  
Supplemental Security  
Income (SSI)

# IMPACT Community Action Partnership

## Counties Served in District 1: Jasper • Marion • Warren

Siblings Alana and Joey, ages seven and five, are best friends. They play together daily. The children don't understand the choices their parents must make during hard times: cover rent, buy food or pay the water bill? Even with both parents employed, this family was at risk of homelessness. IMPACT Community Action Partnership helped this family, and thousands more, with essential needs. IMPACT would like to share a few words directly from one of the 46,000 individuals assisted annually: "This organization goes above and beyond to ensure our community has access to adequate food, shelter, heat, water, even personal care items. The support team shows each family the dignity and respect they deserve regardless of why they are facing hardship."

## Who We Served



## Household Income Sources



**47%**  
Employed



**13%**  
Received retirement benefits



**90**  
Received TANF



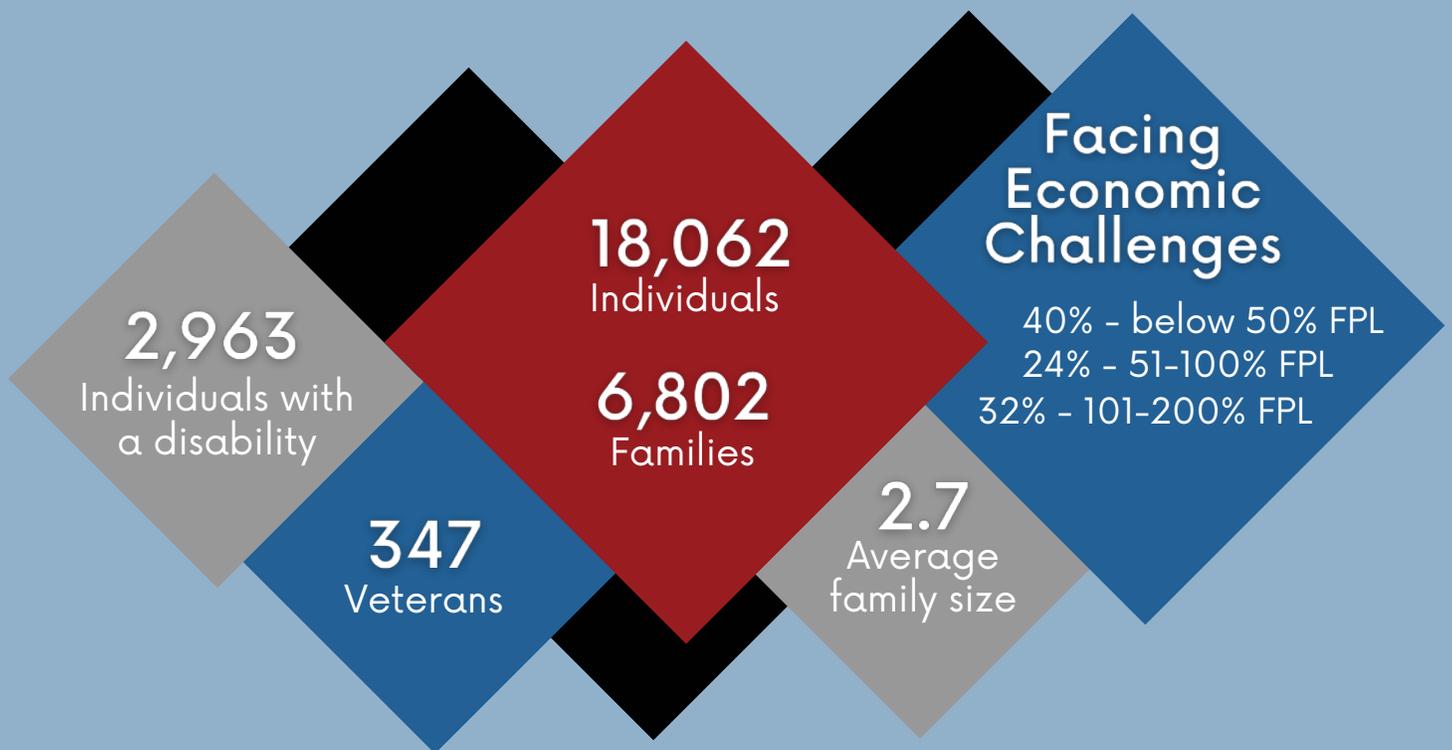
**3,043**  
Received Supplemental Security Income (SSI)

# Mid-Iowa Community Action

## Counties Served in District 2: Hardin • Poweshiek • Tama

In addition to MICA's service delivery of programs such as Head Start, Energy Assistance, Food pantries, WIC, and Weatherization MICA is highly focused on three high-level change efforts. These efforts are focused on data, resiliency, and advancing equity. To do this work, MICA has created three learning communities serving as change leaders. Through these cross-sector representatives of our agency, staff are working to seamlessly integrate services, improve the mental health and well-being of those served (and staff), and address issues related to diversity, equity, and inclusion. CSBG dollars have highly supported these change efforts.

### Who We Served



### Household Income Sources



37%  
Employed



21  
Received  
retirement benefits



82  
Received TANF



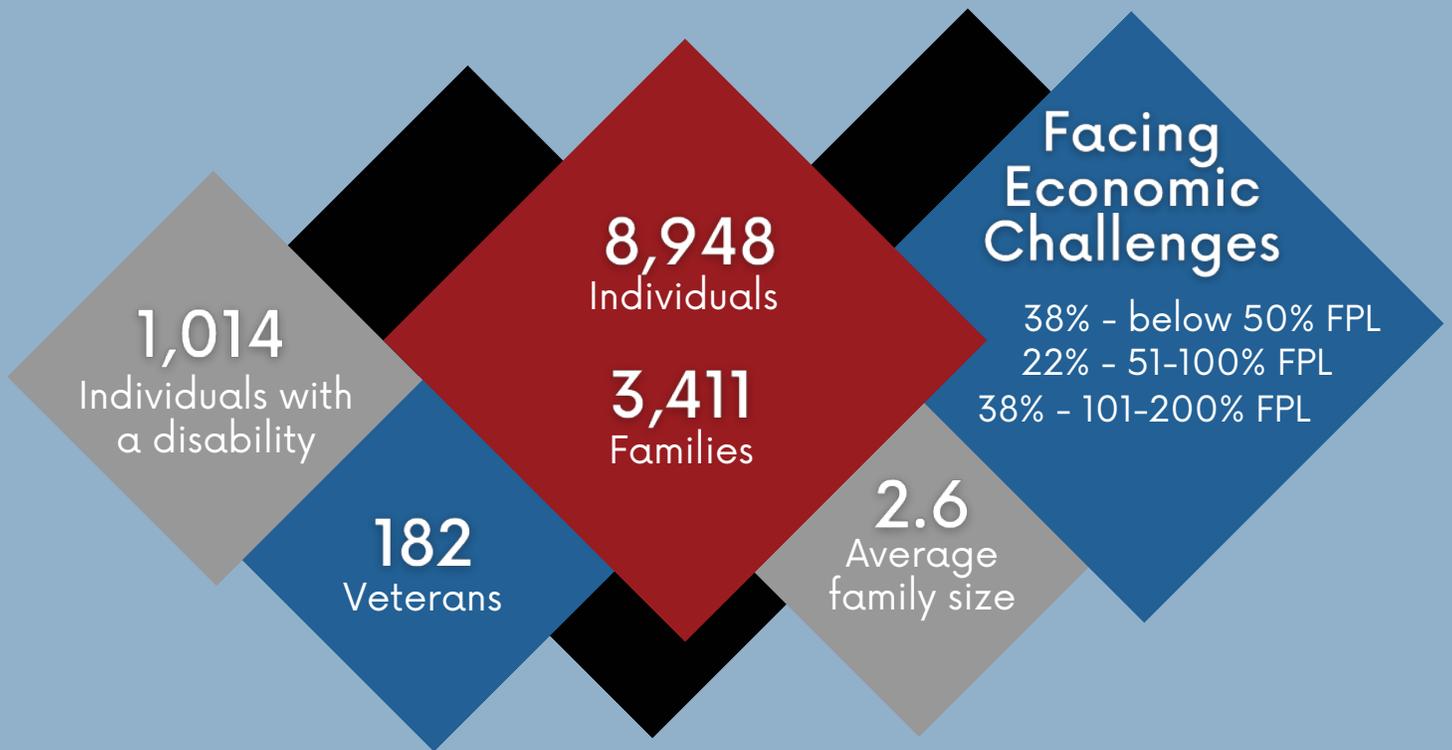
572  
Received  
Supplemental Security  
Income (SSI)

# Mid-Sioux Opportunity

## Counties Served in District 4: Cherokee • Ida • Lyon • Plymouth • Sioux

Beth is a single mom, who delivered her second child the day the COVID-19 pandemic started. She ended up losing her job. She was receiving services through the Family Development and Self-Sufficiency (FaDSS) program. Her FaDSS Specialist linked her to other Mid-Sioux programs, including the Low-income Home Energy Assistance Program (LIHEAP), WIC, and Crisis Assistance. Beth obtained her driver's license and was awarded a car through another local agency. Beth is now working 2 jobs and is self-sufficient. "I felt stuck for a long time, but slowly the pieces started coming together. From getting my kids to appointments, to picking up extra jobs out of town, and even sitting down and budgeting between extra-curricular activities for the kids, I am now able to take care of my family!"

## Who We Served



## Household Income Sources



46%  
Employed



21%  
Received  
retirement benefits



14  
Received TANF



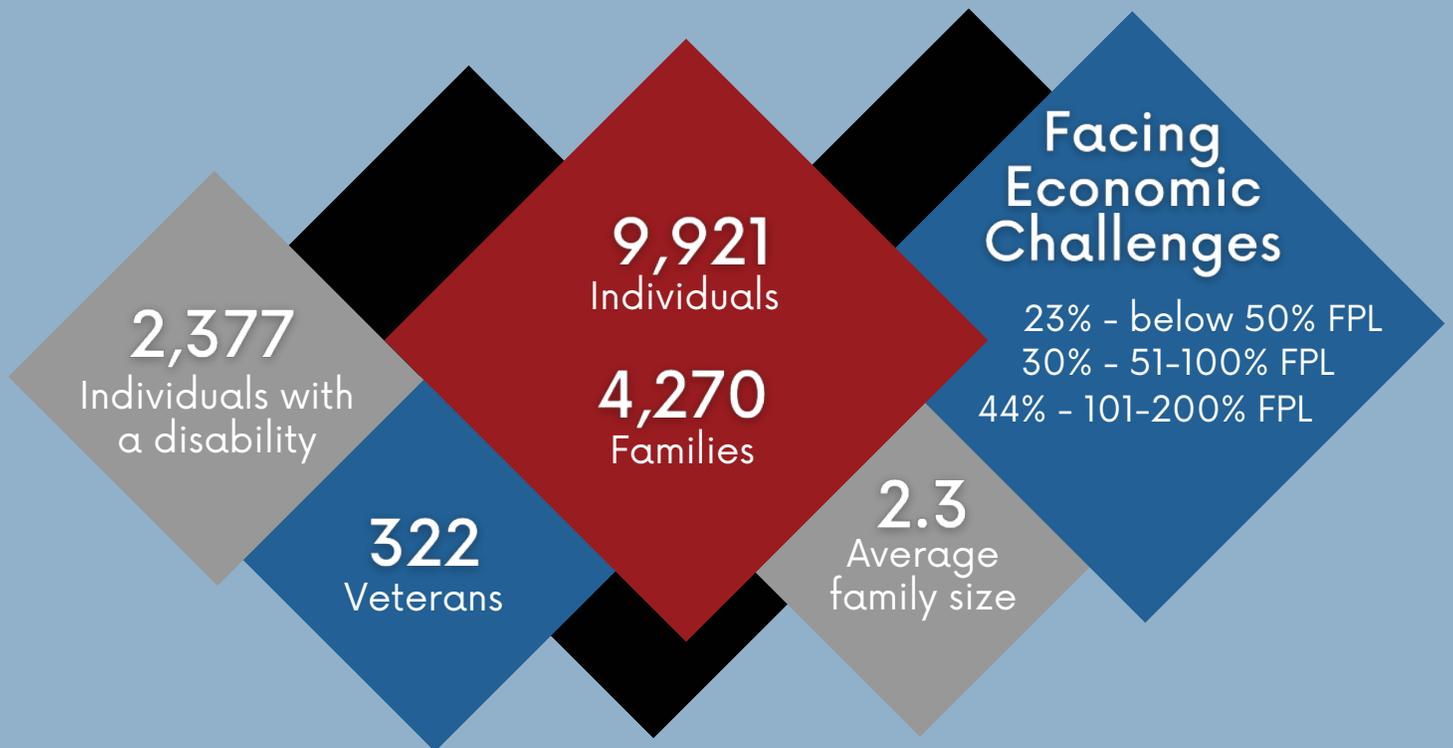
172  
Received  
Supplemental Security  
Income (SSI)

# New Opportunities, Inc.

## Counties Served in District 3: Dallas • Greene • Guthrie

A couple from a rural community outside of Carroll was referred to the center looking for assistance with their disconnected electric bill. They had both lost their jobs and were in crisis. The Outreach Coordinator was able to help them with their electric bill and a food pantry. In talking with the Outreach Coordinator, they shared they both had job interviews and were in need of some gas to commute back and forth from their interview. Through the partnership with Carroll County, the Outreach Coordinator was able to connect them with a tank of gas with Carroll County General Assistance. The couple has since come back to the Outreach Center in Carroll to share with the Coordinator that they have secured jobs from their interviews and are working on getting back on their feet.

## Who We Served



## Household Income Sources



41%  
Employed



28%  
Received  
retirement benefits



35  
Received TANF



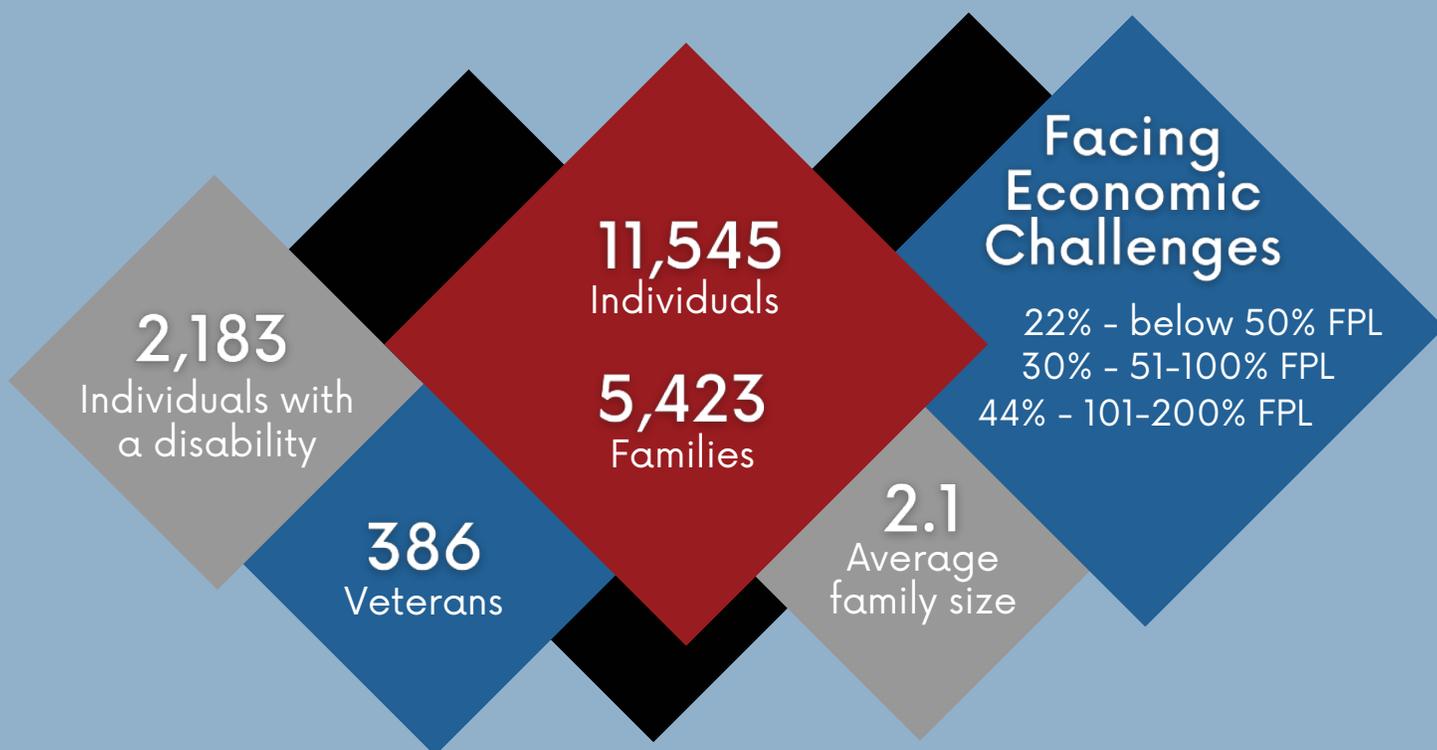
572  
Received  
Supplemental Security  
Income (SSI)

# North Iowa Community Action Organization

## Counties Served in District 2: Butler • Cerro Gordo • Floyd • Mitchell • Worth

Community Partners is a local program funded by MercyOne to support their mission to continuously improve the health of our community. This is accomplished by providing social and emotional support as well as addressing the social influences of health with individuals and families. One participant, Kristi, had been in an abusive relationship for years and had not been able to do things on her own for a long time. Her house needed repairs to make it livable, and she needed support with being a domestic violence survivor. Staff assisted her with budgeting, and helped put a plan together for her mental health to help her feel safe. She continues to budget each month for housing issues that might arise and was able to maintain her budget when she exited the program.

### Who We Served



### Household Income Sources



42%  
Employed



26%  
Received  
retirement benefits



40  
Received TANF



799  
Received  
Supplemental Security  
Income (SSI)

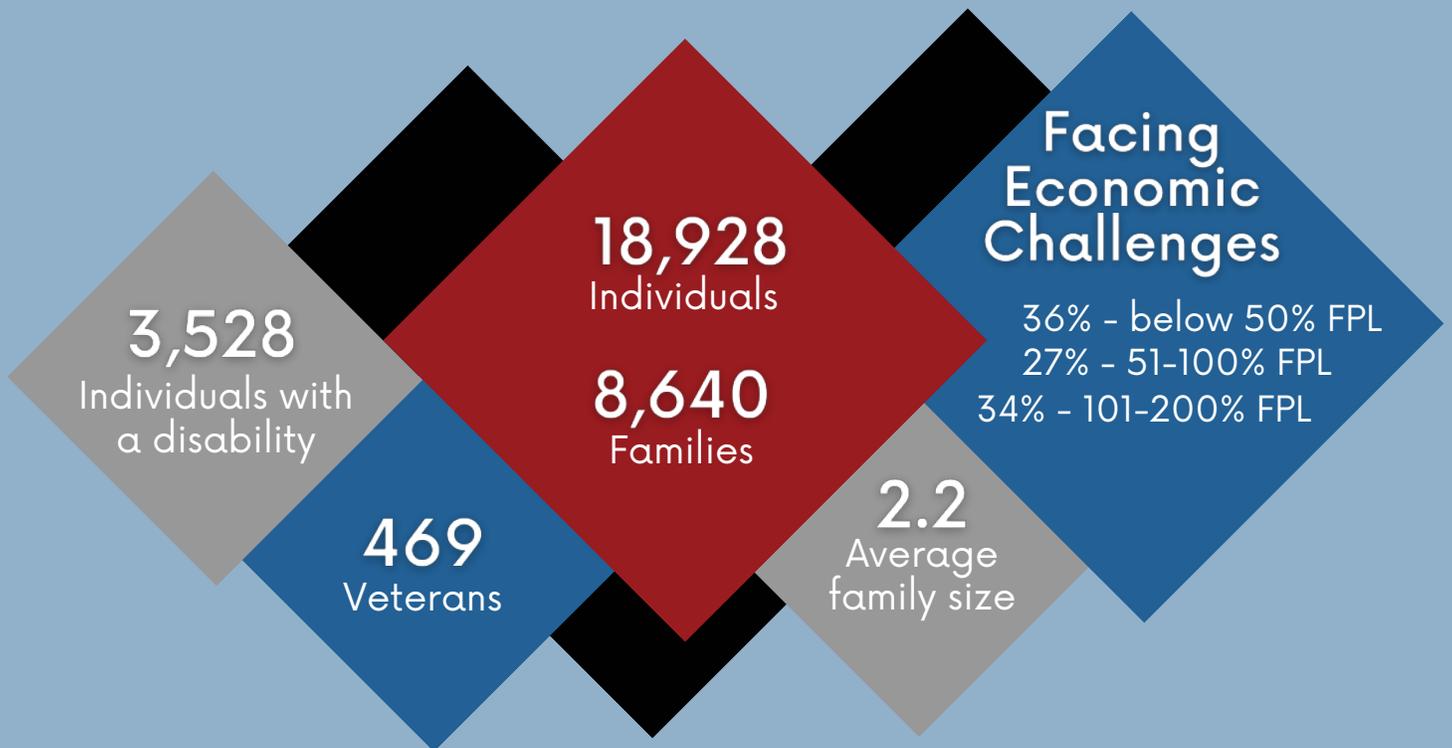
# Upper Des Moines Opportunity, Inc.

## Counties Served in District 4:

Buena Vista - Clay - Dickinson - Emmet - Hamilton - Humboldt  
O'Brien - Osceola - Palo Alto - Pocahontas - Webster - Wright

Over 3,000 children benefited from UDMO's combined services of the Baby Room, Back to School, Coats for Kids, and Youth Development, all locally designed outreach services funded in part by CSBG dollars. Additionally, nearly 10,000 individuals utilized the variety of UDMO food programs, also funded in part by CSBG dollars. UDMO also co-funds multiple other programs with a portion of the allocated CSBG dollars: The Head Start and Early Head Start program assisted 482 children towards school readiness goals. The SAIL Program assisted 110 Households towards goals of improving their home environments, improving their health and well-being, and achieving self-sufficiency.

## Who We Served



## Household Income Sources



28%  
Employed



23%  
Received  
retirement benefits



83  
Received TANF



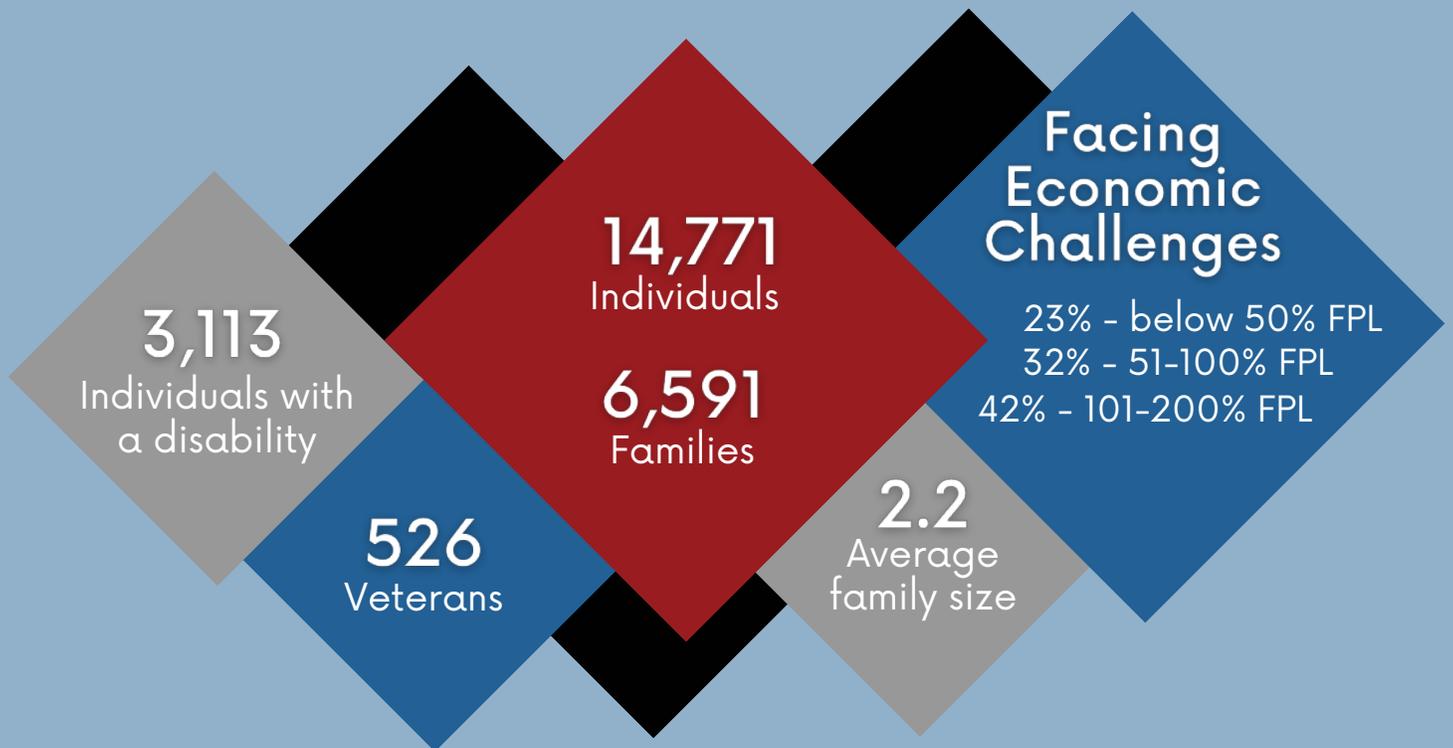
973  
Received  
Supplemental Security  
Income (SSI)

# West Central Community Action

## Counties Served in District 3: Cass • Montgomery • Page

After moving to Iowa, a participant and her daughter were at a loss for resources to pay bills, including utility bills. WCCA worked with the family on budgeting, increasing their support system, finding resources to help pay their bills, and utilizing the LIHEAP and ECIP programs to assist with their utility bills. The mother was also struggling with both physical and mental health issues. Through the assistance and support provided by WCCA, she began receiving treatment through a local health center. WCCA helped her develop an action plan to overcome financial challenges, health problems and empower their family to achieve their highest potential.

### Who We Served



### Household Income Sources



33%  
Employed



21%  
Received  
retirement benefits



13  
Received TANF



1,092  
Received  
Supplemental Security  
Income (SSI)